

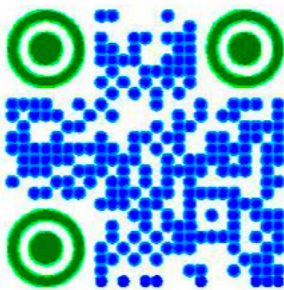
ZenFest

May 2, 2026

9:00 AM - 5:00 PM

Yoga, Dance & Movement,
Meditation, Wellness Fair, Food

For More information scan the QR code
or visit: <https://bit.ly/3XXzrAj>



To join the event contact
twyla@anandarasa.org

Catawba Farms ❤️ Newton, NC

*get Zen
in the
Valley!*

